



Patient Instructions for PET Stress Testing

48 HOURS BEFORE

In the event you need to reschedule or cancel your appointment, you must give 48 hours' notice to avoid being billed \$200.00. You can reschedule or cancel your appointment by calling 832-905-5940.

24 HOURS BEFORE

Do not eat or drink anything that has caffeine, including coffee, tea, decaffeinated products, Excedrin, chocolate, cocoa, herbal teas, and soda for 24 hours before your exam. *Caffeine will interfere with the results of the test.* Do not smoke or consume alcohol during this time. Please refer to the table below for a list of restricted medications.

4 HOURS BEFORE

Do not eat or drink anything except water. **DIABETIC PATIENTS ONLY:** if you are eating 4 hours before the study, please take your diabetic medication. All other diabetic patients should not take their medications. However, bring your medications with you to your appointment.

REMINDERS

- Please arrive 15 minutes before your appointment time.
- Wear a comfortable two-piece outfit and do not wear jewelry or a wire bra the day of your test.
- Bring your **Insurance Card(s)**, completed **Referral Form**, and **Order** from your physician.
- If you are claustrophobic or have a problem with being in a restricted environment for any length of time, please consult your referring physician prior to your appointment.
- Bring a list of all medications you are taking at the time of the test. Be sure to note the **dose** and **how often** you take each medication. If you are to restrict medications before your appointment, bring them with you as you can take them after the stress portion of the study.

MEDICATION RESTRICTIONS

Please do not take these medications the day before and the day of your stress test, unless otherwise instructed by your physician.

Acebutolol	Cardizem CD	Imdur	Metoprolol	Sectral	Toprol XL
Aggrenox	Carteolol	Inderal	Nadolol	Sotalol	Trandate
Atenolol	Cartia XT	Inderide	Nitroglycerin	Tarka	Verapamil
Betapace	Cartrol	Isoptin	Normodyne	Tenoretic	Verelan
Betaxolol	Carvedilol	Kerlone	Penbutolol	Tenormin	Visken
Bisoprolol	Coreg	Labetalol	Persantine	Theophylline	Zebeta
Blocadren	Covera HS	Levatol	Pindolol	Timolide	Ziac
Bystolic	Dipyridamole	Lopressor	Propranolol	Timolol	